

Pandemic Update 24-04-2020

Dr. O.C.Abraham Professor General Medicine and Infectious Diseases Christian Medical College Vellore

COVID-19 & HCW

COVID-19 & HCW: China

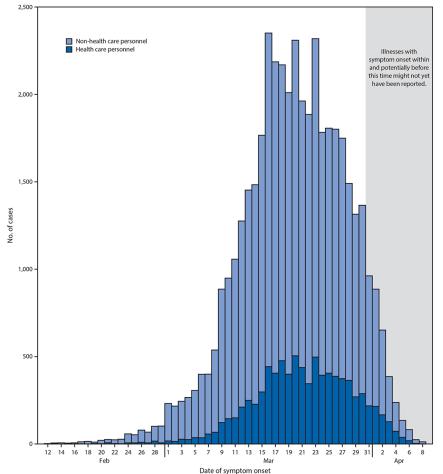
• 4.4% (3387 out of 77, 262) of patients

• 23 (0.68%) died

 None of the 42,600 relocated to Hubei province developed infection

https://www.nejm.org/doi/full/10.1056/NEJMc2005696

COVID-19 & HCW: US N=9282 (19% of reported cases) Only healthcare exposure 55%



https://www.cdc.gov/mmwr/volumes/69/wr/mm6915e6.htm?s_cid=mm6915e6_x

TABLE 2. Hospitalizations,* intensive care unit (ICU) admissions,[†] and deaths,[§] by age group among health care personnel with COVID-19 — United States, February 12–April 9, 2020

Age group [¶]	Outcome, no. (%)**			
(yrs) (no. of cases)	Hospitalization ^{††}	ICU admission	Death	
16-44 (4,898)	260 (5.3-6.4)	44 (0.9-2.2)	6 (0.1-0.3)	
45-54 (1,919)	178 (9.3-11.1)	51 (2.7-6.3)	3 (0.2-0.3)	
55-64 (1,620)	188 (11.6-13.8)	54 (3.3-7.5)	8 (0.5-1.0)	
≥65 (508)	97 (19.1–22.3)	35 (6.9-16.0)	10 (2.0-4.2)	
Total (8,945)	723 (8.1–9.7)	184 (2.1–4.9)	27 (0.3-0.6)	

https://www.cdc.gov/mmwr/volumes/69/wr/mm6915e6.htm?s_cid=mm6915e6_x

Italy: Cases & Mortality Among HCW

Age group	Cases (N)	Deaths (N)	CFR (%)	
18 - 29	1622	0	0.00	
30 - 39	2857	2	0.10	
40 - 49	4782	4	0.10	
50 - 59	5757	16	0.30	
60 - 69	1840	26	1.40	
70 - 79	95 12		12.60	
TOTAL	16,953	60	0.40	

https://www.epicentro.iss.it/coronavirus/bollettino/Bollettino-sorveglianza-integrata-COVID-19_16-aprile-2020.pdf

Table. Number of Nasopharyngeal Swabs in Exposed Health Care Workers, by Type of Procedure, Day After Last Exposure, and Type of Mask*

Type of AGP (n = 41 HCWs)	PPE	Timing of First Swab From Date of Last Exposure	Timing of Second Swab From Date of Last Exposure
	• 41	-ICW exposed	HCWs With Swab Done on Day 14, <i>n</i>
Endotracheal intubation ($n = 10$) Extubation ($n = 2$)	-	6 used surgical masks	4 6 2
NIV (ICU/HDU) (<i>n</i> = 25)		ne infected	0 25 0
Other \dagger ($n = 4$)			4 0

AGP = aerosol-generating procedure; PPE = personal protective equipment; NIV = noninvasive ventilation; ICU = intensive care unit; HCW = health care worker; HDU = high-dependency unit. * All swabs were negative for SARS-CoV-2 on polymerase chain reaction assay.

† Oral suctioning in an open circuit or exposure to aerosols in an open circuit.





Risk of nosocomial transmission of coronavirus disease 2019: an experience in a general ward setting in Hong Kong

S.C.-Y. Wong ^{a, 1}, R.T.-S. Kwong ^{b, 1}, T.C. Wu ^b, J.W.M. Chan ^b, M.Y. Chu ^b, S.Y. Lee ^c, H.Y. Wong ^c, D.C. Lung ^{a, c} A 🖾

Show more

https://doi.org/10.1016/j.jhin.2020.03.036

Get rights and content



Nosocomial Transmission in General Ward, Hong Kong

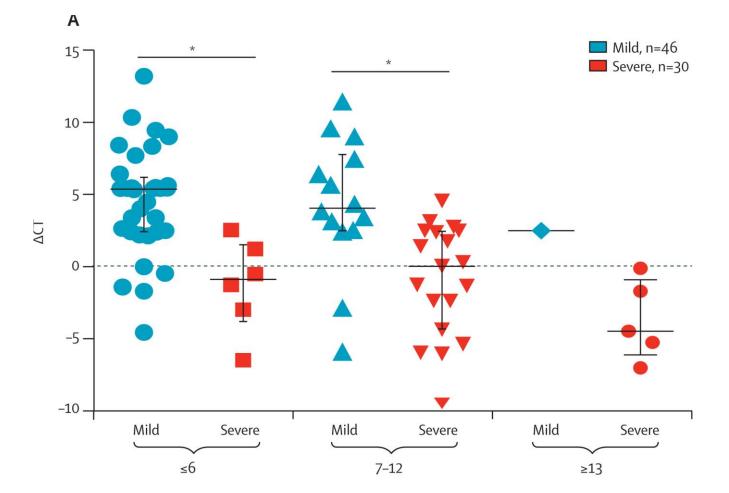
- COVID-19 patient had 35-h stay in an open cubicle in a general ward
- <u>Did not result in any 2° nosocomial</u> <u>infection</u> in any contacts (**71 staff**) 37 days after exposure to index case
- Vigilance with basic infection control measures, including wearing of surgical masks, hand hygiene & environmental hygiene

Questions

- Does exposure to a higher inoculum (dose) lead to more severe disease?
 - "The relationship between initial viral dose and severity remains to be seen"

 What is the relationship between viral load & disease severity?

SARS-CoV-2 Viral Load & Disease severity



https://doi.org/10.1016/S1473-3099(20)30232-2

CONCLUSIONS

- Absolute risk of mortality very low
- Diagnosis:
 - RT-PCR for confirming diagnosis
 - HRCT thorax non-specific
- HCW infected during COVID-19 pandemic
- Adverse outcomes lower than general population
- Adherence to standard IPC prevents HCW infections